

## Coach offers financial freedom for women

### MONEY COACH AND EDUCATOR SHELIA WALKINGTON GETS WOMEN COMFORTABLE WITH FINANCES

by **Nicole Fitzgerald**

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**T**alk about what's happening in the market, gold up one minute, gas down the next, and often women are looking through the rabble for the answers they really want to find: am I set up for retirement, am I financially safe now, and for moms, will I be able to put my kids through school.

Money coach and educator Shelia Walkington will wade financial worriers through the mumbo jumbo of stocks and teach women how to develop a healthy and successful relationship with money at the next Women of Whistler meeting on Thursday, Feb. 7 from 6 to 9 p.m. at the Nickalaus North Clubhouse.

"Money was always one of those topics that earlier generations were never supposed to talk about," Walkington said. "So kids carried on this unspoken secret not talking about it, but not knowing about it either. A lot of clients come to me with mixed emotions about money."

So if you are the kind of woman who lacks confidence in your ability to make good financial decisions, is worried you don't have enough money to retire and/or are totally confused by the world of investing and finances, Walkington will help lend insight into your relationship with money and then put you on a ten step program to help find a healthy relationship with the green stuff.

"Where do women go to get information that makes sense for them?" Walkington asked. "Women in particular are not always interested in money and more often than not books are not written with them in mind."

Working with the Women's Financial

Learning Centre, Walkington is always keeping women in mind with her coaching. Her workshops are designed especially for women, motivating and encouraging them to take charge of their money and life. Down-to-earth language keeps the world of finances simple, giving you guidance as well as tools to become more effective and at peace with your money.

Her workshop will define participants' relationship with money, the signs of an unhealthy relationship with money, and

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**—SHEILA WALKINGTON**

finally offer ten steps to creating a healthy relationship.

"You are never too young or too old to learn about this because even if you have been doing your finances for 20 years, that doesn't mean you have a healthy relationship with it," she said. "I hope to help women see money as a tool for them to achieve what they want."

The Women of Whistler is a non-profit group which hosts monthly events on a variety of topics that interest business women, providing them with a social gathering, networking, and learning.

Tickets are \$27 for Whistler Chamber of Commerce members and \$30 for non-members.

To register, call Taralyn at the Whistler Chamber at 604-932-5922 ex. 26.

For more information about the Women of Whistler, visit [womenofwhistler.com](http://womenofwhistler.com). ■